

# AQUATIC CENTER SWIM GUIDELINES



**THE ROOKERY**  
ACTIVITY CENTER

To maintain a safe environment for our members and guests, The Rookery utilizes a wristband system. This policy addresses age and swimming ability to ensure all children are adequately supervised and accompanied while swimming.





Children aged 11–14 will receive a green wristband at the Guest Services Desk upon entry. Children aged 4–10 who wish to swim in the lap pool must pass a swim test and will receive a green wristband at the Guest Services Desk. Please wear wristband at all times in the Aquatic Center.

## ! Swim Test

Swim tests will be administered by Aquatic Center Staff as time and space allow.

Members will have their swim test attached to their membership for ease of check in.

1. Jump into lap pool
2. Swim 25yds
3. Exit pool without steps/ladder
4. Jump in
5. Tread water for 60 seconds
6. Front float 10 seconds
7. Roll onto back, float independently 10 seconds

<b>0-4 yrs</b> <b>No Swim Test Available</b>	<b>4-10 yrs</b> <b>No Swim Test</b>	<b>4 - 10yrs</b> <b>Pass Swim Test</b>	<b>11-14 yrs</b> <b>No Swim Test Required</b>
May swim in the Splash pool and Lap pool	May only swim in the Splash pool	May swim in the Splash pool and Lap pool	May swim in the Splash pool and Lap pool
Supervising adult must be in the water within arm's reach.	Supervising adult must remain in the Aquatics Center at all times. Swimmer may swim in Splash pool without an adult in water under direct supervision	Supervising adult must remain in the Aquatics Center at all times. Swimmer may swim in Lap pool without an adult in water under direct supervision	Supervising adult must remain in the Rookery at all times
			

Aquatic staff have ultimate authority in safety of Aquatic area, including swim test, and supervision requirements